

# Lunch Menu

Week 1  
Summer Term

Meat FREE

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Soup

Staff & FVI

Soup of the Day

Soup of the Day

Soup of the Day

Soup of the Day

Soup of the Day

Served with Freshly Made Bread

Main Meal

Pasta Bar Tomato  
sauce, pesto, tuna or  
plain  
Garlic Bread  
(M,E,F)

Coconut  
Chicken Curry

Roasted Chicken  
Gravy, Yorkshire  
Pudding  
(E,M)

Swedish Meatballs  
creamy sauce with pasta  
(G,E,M)

Chicken or  
Vegetarian Goujons  
(G)

Veggie Meal

Potato Tortilla  
(E)

Coconut  
Vegetable Curry

Crunchy Vegetable  
Crumble  
(G,M,Ce)

Swedish Quorn Balls  
creamy sauce  
(G,M)

Mediterranean  
Quiche  
(G,E,M)

Served With

Mixed Salad  
Coleslaw  
(E)

Jasmine Rice  
Broccoli, Sweetcorn

Roast Potatoes  
Medley of seasonal  
vegetables

Peas  
Carrots

Wedge Style Chips  
Garden Peas,  
Baked Beans

Available Daily: Jacket Potatoes with Toppings | Salad | Pasta upon request

Dessert

Fruit & Yoghurt  
(M)

Oat & Raisin  
Cookies  
(G,E,M,Su)

Arctic Roll  
(G,M,E,So)

Chocolate Brownie  
(G,E,M,So)

Summer Trifle  
(M)

Available Daily: A selection of Whole Fresh Fruit, Fruit Pots, Yoghurt

Gluten Free and Milk Free alternatives will be available for Main Meals and Desserts. All meat products are Halal

Dietary Information: Ce – Celery, So – Soy, E – Eggs, F – Fish, G – Gluten, Su – Sulphur, Cr – Crustacean, L – Lupin, M – Milk, Mo – Molluscs, Mu – Mustard, N – Tree Nuts, P – Peanuts, Se – Sesame - Bread products bought in 'may contain sesame' but we avoid using sesame seeds

CATERING SERVICES  
Connect  
EST 1989



# Lunch Menu

Week 2  
Summer Term

Meat FREE

MONDAY

Soup of the day

TUESDAY

Soup of the Day

WEDNESDAY

Soup of the Day

THURSDAY

Soup of the Day

FRIDAY

Soup of the Day

Served with Freshly Made Bread

Main Meal

Pasta Bar  
Tomato Sauce, Pesto, Plain,  
Tuna  
Garlic Bread  
(E,F)

Chicken Pie  
(G)

Honey Roasted  
Gammon Ham  
(G)

Pizza Day  
Margarita or  
Pepperoni  
(G,M,Su)

Turkey  
Bolognaise

Veggie Meal

Mushroom & Parmesan  
Risotto  
(M)

Vegetable Pie  
(G, Ce)

Quorn Fillet  
(S)

Mushroom & Garlic  
Pizza  
(G,M)

Vegetable  
Bolognaise

Served With

Broccoli  
Mixed salad

New Potatoes  
Peas, Carrots

Roasted Potatoes  
Carrots, Cabbage

Chips  
Mixed Salad

Pasta, Savoy  
Cabbage, Peas

Available Daily: Jacket Potatoes with Toppings | Salad | Pasta upon request

Dessert

Vanilla Ice Cream  
(M)

Fruit & Yoghurt  
(M)

Raspberry Jelly

Mini Blueberry Muffin  
(E,M,G)

Iced Chocolate  
Sponge  
(G,E,M)

Available Daily: A selection of Whole Fresh Fruit, Fruit Pots, Yoghurt

Gluten Free and Milk Free alternatives will be available for Main Meals and Desserts. All meat products are Halal

Dietary Information: Ce – Celery, So – Soy, E – Eggs, F – Fish, G – Gluten, Su – Sulphur, Cr – Crustacean, L – Lupin, M – Milk, Mo – Molluscs, Mu – Mustard, N – Tree Nuts, P – Peanuts, Se – Sesame - Bread products bought in 'may contain sesame' but we avoid using sesame seeds

Connect  
CATERING SERVICES  
EST 1988



# Lunch Menu

Week 3  
Summer Term

Meat FREE

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Soup

Staff & FVI

Soup of the Day

Soup of the Day

Soup of the Day

Soup of the Day

Soup of the Day

Served with Freshly Made Bread

Main Meal

Jacket Potato &  
Topping of choice.  
Chilli, Cheese, Tuna &  
Coleslaw  
(E,F,M)

Sweet Sticky  
Chicken  
(So, Su)

Chicken Fajita  
Served with cheese and sour  
cream  
(G,M)

Hot Dogs  
(M,G)

Fish and Vegetarian  
Fingers  
(G,M,F)

Veggie Meal

Veggie Chilli  
(Ce)

Sweet Sticky  
Stir-Fry Veg  
(So, Su)

Vegetable Fajita  
w/ Cheese & Sour Cream  
(G,M)

Seasonal Vegetable  
Quiche  
(G)

Vegetable Frittata  
(E,M)

Served With

Mixed Salad  
Coleslaw  
(E)

Rice, Sweetcorn,  
Peas

Rice  
Lettuce

Chips, Mixed  
Salad  
(E)

Baked Beans &  
Garden Peas  
New Potatoes

Available Daily: Jacket Potatoes with Toppings | Salad | Pasta upon request

Dessert

Seasonal Fruit Crumble  
& Custard  
(G, M)

Rocky Road  
(G,M & So)

Fruit & Yoghurt  
(M)

Banoffee Pie  
(G,M,)

Rice Krispy  
Cake  
(M,G,So)

Available Daily: A selection of Whole Fresh Fruit, Fruit Pots, or Yoghurt

Gluten Free and Milk Free alternatives are available for Main Meals and Desserts. All meat products are Halal

Dietary Information: Ce – Celery, So – Soy, E – Eggs, F – Fish, G – Gluten, Su – Sulphur, Cr – Crustacean, L – Lupin, M – Milk, Mo – Molluscs, Mu – Mustard, N – Tree Nuts, P – Peanuts, Se – Sesame - Bread products bought in 'may contain sesame' but we avoid using sesame seeds

CATERING SERVICES  
Connect  
EST 1989

